

Goddess Of Public Speaking

COACHING, WORKSHOPS & RETREATS

GERALDINE BARKWORTH

Holistic speaking coach & presenter, speaks about how to free your inner public speaker, 1 to 1 and 1 to many.

"Whenever you have a conversation with anyone other than yourself, you are "public speaking." "Public Speaking" doesn't only refer to speaking up on stage. It refers to every speaking and connecting moment in your life with other human beings."
GERALDINE



SPEAKING TOPICS

- Slow Down: The Art Of Pausing.
- Think On Your Feet & Speak From Your Heart.
- You've Got 30 Seconds: Compelling Self Introductions.
- How To Heal Your Speaking Nerves: The Fun & Fearless Way.
- Connect With Authenticity & Presence & Build Trust & Rapport With Groups.

ABOUT

Geraldine Barkworth is the creator of **The Cool, Calm & Connected Speaking method** and the **DIY E-Workbooks for Nervous Public Speakers**, to help people speak and lead in public with natural ease and authenticity.

Since 2002, Geraldine, a trained professional coach, has provided clients in Australia & New Zealand with private coaching, corporate training and retreats for professionals needing to find their authentic voice and wanting to be seen, heard and remembered every time they speak.

Geraldine's communication style is quirky, authentic, theatrical, perceptive and fun. Geraldine shows clients how to physically and emotionally tap into their Inner Speaker by thinking on their feet and speaking from their heart.

"It's not just about public speaking - it's about honest & real communication." BILLIE PARIS, FOUNDER, MORAL FIBRE

"Geraldine has discovered a "door", a "way" for us to enter into this competitively crazed world and allow softness, gentleness to inherit the earth." SAM CALABRO, MARTIAL ARTS TEACHER

Geraldine's energy, intelligence, experience & raw presence is an inspiration & purely enjoyable."
ANGELA HINZ, BREATHING SPACE YOGA

"Geraldine has personality with professionalism!" LYNDA ROBYNNE BOOTH, METAMORPHOSIS PILATES

CONTACT

Fees begin at \$490. Please contact [Geraldine Barkworth](mailto:geraldine@coolcalmconnect.com.au) to discuss your event.

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